



UNC REX  
HEALTHCARE

Digestive  
Healthcare

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**Preparation for Gastroscopy (EGD)**

Name \_\_\_\_\_ Date \_\_\_\_\_ Arrival Time \_\_\_\_\_

Physician \_\_\_\_\_ Location \_\_\_\_\_

**\*\*\*DO NOT STOP YOUR ASPIRIN IF YOU TAKE IT DAILY\*\*\***

**\*\*\*DO NOT TAKE IRON FOR 5 DAYS PRIOR TO YOUR PROCEDURE\*\*\***

**\*\*\*DO NOT SMOKE ON THE DAY OF YOUR PROCEDURE, INCLUDING SMOKING TOBACCO, ELECTRONIC CIGARETTES, MARIJUANA, CIGARS, AND/OR PIPES\*\*\***

- Stop Coumadin/Plavix on \_\_\_\_\_. Have lab work drawn on \_\_\_\_\_.
- Diabetic medicine adjustment: Do not take any diabetic medications on the day of your procedure until you return home and begin eating again.
- Take your usual morning medications on the day of the exam unless the nurse or scheduler instructs you otherwise.
- Do not eat or drink after midnight the evening before your exam.
- If your test is scheduled after 12:00pm (noon), you may have clear liquids until \_\_\_\_\_ on the morning of your exam.

**\*YOUR DRIVER MUST STAY FOR YOUR ENTIRE PROCEDURE \***

**Call nursing at 791-2040 with any questions.**

You can also visit our website at [www.rexdigestivehealthcare.com](http://www.rexdigestivehealthcare.com) for more information.

**ARRIVAL TIME IS SUBJECT TO CHANGE.**