



# UNC REX HEALTHCARE

If you would like to have your car seat checked by our trained technician please stop by our inspection station Monday, Wednesday, Thursday or Friday from 0830-1230 except for holidays.

## Car Seats: Information for Families

One of the most important jobs you have as a parent is keeping your child safe when riding in a vehicle. Each year thousands of young children are killed or injured in car crashes. Proper use of car safety seats helps keep children safe. But with so many different car safety seats on the market, it's no wonder many parents find this overwhelming.

The type of seat your child needs depends on several things, including your child's age and size and the type of vehicle you have. Read on for more information from the American Academy of Pediatrics (AAP) about choosing the most appropriate car safety seat for your child.

### Types of Car Seats At a Glance

**Note: This chart is a quick guide on where to start your search. It's important to continue your research to learn about each car seat you use**

<b>Infants/Toddlers</b>	<b>Rear-facing only seats and rear-facing convertible seats</b>	All infants and toddlers should ride in a <b>Rear-Facing Car Seat</b> until they are at least 2 years of age or until they reach the highest weight or height allowed by their car seat's manufacturer.
<b>Toddlers/Preschoolers</b>	<b>Convertible seats and forward-facing seats with harnesses</b>	Any child who has outgrown the rear-facing weight or height limit for his convertible car seat should use a <b>Forward-Facing Car Seat</b> with a harness for as long as possible, up to the highest weight or height allowed by the car seat manufacturer.
<b>School-Aged Children</b>	<b>Booster seats</b>	All children whose weight or height is above the forward-facing limit for their car seat should use a <b>Belt-Positioning Booster Seat</b> until the vehicle seat belt fits properly, typically when they have reached 4 feet 9 inches in height and are between 8 and 12 years of age.
<b>Older Children</b>	<b>Seat belts</b>	When children are old enough and large enough for the vehicle seat belt to fit them correctly, they should always use <b>Lap and Shoulder Seat Belts</b> for optimal protection. All children younger than 13 years should be restrained in the rear seats of vehicles for optimal protection.

## Infants & Toddlers: Rear-Facing

The AAP recommends that all infants should ride rear-facing starting with their first ride home from the hospital. All infants and toddlers should ride in a rear-facing car seat until they are at least 2 years of age or preferably until they reach the highest weight or height allowed by their car seat's manufacturer.

### Types of Rear-Facing Car Seats

#### Rear-Facing Only Seats

- Are used for infants up to 22 to 40 pounds, depending on the model.
- Are small and have carrying handles (*and sometimes are part of a stroller system*).
- Usually come with a base that can be left in the car. The seat clicks into and out of the base so you don't have to install the seat each time you use it. Parents can buy more than one base for additional vehicles.
- Should be used only for travel (*not for sleeping, feeding, or other uses outside the vehicle*).

### Installation Tips for Rear-Facing Seats

When using a rear-facing seat, keep the following in mind:

- Place the harnesses in your rear-facing seat in slots that are at or below your baby's shoulders.
- **Blankets, rolls, or other added positioning devices should NOT be placed between the infant and the car safety seat or the car safety seat straps.**
- Ensure that the harness is snug and that the harness clip is placed at the center of the chest and at the level of the child's armpits.
- Make sure the car seat is installed tightly in the vehicle. If you can move the seat at the belt path more than an inch side to side or front to back, it's not tight enough.
- Never place a rear-facing car seat in the front seat of a vehicle that has an active front passenger air bag. If the air bag inflates, it will hit the back of the car seat, right where your baby's head is, and could cause serious injury or death.
- Make sure the seat is at the correct angle so your infant's head does not flop forward. Check the instruction manual to find out the correct angle for your seat and how to adjust the seat angle if needed. All rear facing seats have built-in angle indicators or adjusters.
- Check the car seat instructions and the vehicle owner's manual about whether the car seat may contact the back of the vehicle seat.
- If you would like to have your seat installation inspected, please contact our child safety seat technician at 919-784-1802.
- If you are using a convertible or 3-in-1 seat in the rear-facing position, make sure the seat belt or lower anchor and tether is routed through the correct belt path. Check the instructions that came with the car seat to be sure.

## Car Seats for Infants (including Premature Infants)

<b>Britax</b>	<b>B-Safe 35</b>	Shoulder Height: 6.5 - 11 in. Weight: 4 - 30 lbs. Height: 0 - 32 in.
<b>Chicco</b>	<b>KeyFit 30</b>	weight – 4-30 lbs (2 and 13.5 kg) height – 30 inches or less or top of head is at least an inch below the top of the seat back (76 cm)
<b>Combi</b>	<b>Shuttle</b>  <b>Coccoro Convertible Car Seat</b>	<b>Shuttle</b> accommodates infants rear-facing from birth to 35 pounds and up to 33 inches tall.  The <b>Coccoro</b> accommodates children 19 to 40 inches, rear-facing from 3 to 33 pounds and for- ward-facing from 1 year and 20 pounds up to 40 pounds.
<b>CYBEX</b>	<b>Aton</b>	For babies 4 to 32 pounds, up to 30 inches tall
<b>Mia Moda</b>	<b>Certo</b>	<b>Certo</b> accommodates infants from 4-22 pounds and up to 29" tall.
<b>Evenflo</b>	<b>Embrace</b>	Weight: 4 - 35 lbs. (1,8 - 15,8 kg) Height: Up to 30 inches (76 cm) The top of the child's head must be at least 1 inch below the top of the child restraint seat back
<b>Graco</b>	<b>SnugRide 35</b>  <b>SnugRide 30</b>	Helps protect rear-facing infants from 4-35 lbs. and up to 32 inches Rear-Facing Only Rear to a Year - up to 32" and 4-35 lbs  This car seat is for children 4-30 lb (1.8-14 kg) and 30" (76 cm) or less.
<b>Orbit</b>	<b>G3</b>	G3 Infant Car Seat for children 4 - 30 lbs and 19 - 32 in; Use the <u>Lower Birth Weight Fit kit</u> to im- prove the harness fit for low birth weight babies
<b>Safety 1st</b>	<b>Comfy Carry Elite</b>  <b>OnBoard 35 Air</b>	Weight range: 4-22 lbs. Height range: up to 29" Lowest harness position: 5.5"  This child restraint is to be used rear-facing with children weighing 4-35 lbs (1.8-15.9 kg) AND 32 inches (81.2 cm) tall or less.