



UNC REX  
HEALTHCARE

Digestive  
Healthcare

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**Preparation for Gastroscopy (EGD)**

Name \_\_\_\_\_ Date \_\_\_\_\_ Arrival Time \_\_\_\_\_

Physician \_\_\_\_\_ Location \_\_\_\_\_

- DO NOT TAKE PHENTERMINE FOR 7 DAYS DAYS BEFORE YOUR PROCEDURE
- DO NOT TAKE IRON FOR 5 DAYS BEFORE YOUR PROCEDURE
- IF YOU TAKE ASPIRIN DAILY, DO NOT STOP IT BEFORE YOUR PROCEDURE
- DO NOT SMOKE ON THE DAY OF YOUR PROCEDURE, INCLUDING SMOKING TOBACCO, ELECTRONIC CIGARETTES, MARIJUANA, CIGARS, AND/OR PIPES

Stop Coumadin/Plavix on \_\_\_\_\_. Have lab work drawn on \_\_\_\_\_.

Diabetic medicine adjustment: Do not take any diabetic medications on the day of your procedure until you return home and begin eating again.

Take your usual morning medications on the day of the exam unless the nurse or scheduler instructs you otherwise.

Do not eat or drink after midnight the evening before your exam.

If your test is scheduled after 12:00pm (noon), you may have clear liquids until \_\_\_\_\_ on the morning of your exam.

**\*YOUR DRIVER MUST STAY FOR YOUR ENTIRE PROCEDURE \***

**Call nursing at 791-2040 with any questions.**

You can also visit our website at [www.rexdigestivehealthcare.com](http://www.rexdigestivehealthcare.com) for more information.

**ARRIVAL TIME IS SUBJECT TO CHANGE.**