



COVID-19 Safety Precautions

UNC REX Women's Center is focused on the safety of you and your family. Due to COVID-19, we have implemented the following changes and policies until further notice.

Visitor Policy

- In Labor and Delivery, you are allowed two support partners. If you choose to have a doula, the doula is counted as your second support partner.
- The two support partners designated in labor and delivery will be your support partners throughout your stay in postpartum.
- No visitors under the age of 18 will be allowed to visit for the foreseeable future.
- Visitors who are over 65, pregnant or immunocompromised are discouraged from visiting.
- All visitors will be subject to health screening at any time. All visitors must pass a health screening. No visitor with fever, cough, cold or flu-like symptoms may enter any UNC Health Triangle area facility. No one should visit a patient if they have come into contact with someone who tested positive for COVID-19 in the last 14 days.

Mask Policy

- We ask that all patients and their support partners wear masks. Patients are asked to wear their mask at all times, except when they are in the privacy of their hospital room with no medical staff present.
- All approved support partners visiting UNC will be issued a mask at the hospital entrance.

Class Offerings

Due to COVID-19 restrictions, our class offerings are limited and are online-only at this time. The following classes will be offered online:

- Understanding Birth
- Understanding Breastfeeding
- Understanding Your Newborn
- Choosing Quality Child Care

Spaces are limited. Please check back for new class offerings periodically. Please call **(919) 784-3224** if you have any questions.



For more information, visit [rexhealth.com/maternity](https://www.rexhealth.com/maternity)

We also encourage you to use electronic communication for "virtual visitation," such as FaceTime and Skype, in place of in-person visitation wherever possible.