

UNC REX Digestive Healthcare

Preparation for EGD/EUS

Name: _____ Date: _____ Arrival Time: _____

Physician: _____ Location: Rex Hospital – Outpatient Registration

*****DO NOT TAKE IRON FOR 5 DAYS PRIOR TO YOUR PROCEDURE*****

*****IF YOU TAKE ASPIRIN DAILY, DO NOT STOP IT PRIOR TO YOUR PROCEDURE*****

- Stop Coumadin/Plavix on _____. Have lab work drawn on _____.
- Diabetic medicine adjustment: Do not take any diabetic medications on the day of your procedure until you return home and start eating again.
- Take your usual morning medications on the day of the exam unless the nurse or scheduler instructs you otherwise.
- Do not eat or drink after midnight the evening before your exam.
- If your test is scheduled after 12:00 pm (noon), you may have clear liquids until _____ on the morning of your exam.

YOU MUST BE DRIVEN HOME AFTER THIS EXAM

THIS EXAM MAY REQUIRE AN OVERNIGHT HOSPITAL ADMISSION

Call nursing at 791-2040 with any questions.