



UNC REX
HEALTHCARE

Digestive
Healthcare

SMALL BOWEL CAPSULE ENDOSCOPY PREPARATION

Name: _____ Date: _____ Arrival Time: 8am _____

Location: **Rex Digestive Healthcare 2417 Atrium Dr. Suite 150 Raleigh, NC 27607**

The procedure involves placing a belt with built-in electrodes around your abdomen, activating the capsule, & administering the capsule by mouth. The capsule is the size of a large vitamin. To complete the testing, you will be asked to return 8 hours after starting the procedure to have the equipment removed. A nurse will complete the test & you will not see the physician during the procedure.

****If you have had any abdominal surgeries such as bowel resections, or have major scars on your abdomen, please let us know immediately. If you have a PACEMAKER or DEFIBRILLATOR, you may not be a candidate for the procedure. Your physician will advise you.****

If you are taking iron supplements, please stop them 5 days prior to the test.

The day before the procedure:

1. You may have a regular diet until noon. From noon until 8pm, you may only have clear liquids. Clear liquids are coffee, tea, soft drinks, Gatorade, Jell-o, popsicles or broth.
DO NOT HAVE ANY MILK OR DAIRY PRODUCTS, PRODUCTS THAT CONTAIN PULP OR PIECES OF FOOD OR ANYTHING RED OR PURPLE IN COLOR.
2. At 7pm, please drink 1 bottle of magnesium citrate (not red). You may purchase this over-the-counter in the pharmacy. Again, you may have clear liquids until 8pm.
3. Please take all daily medications by 8pm the night before the procedure. If you take Carafate, do not take any for 24 hours prior to the procedure.
4. **DO NOT HAVE ANYTHING TO EAT OR DRINK AFTER 8PM THE NIGHT BEFORE THE PROCEDURE.**
5. Do not take any antacids the day before or the day of the procedure.

Once you arrive for the procedure the nurse will give you instructions regarding medications, food & liquids for the day.

Please call nursing at 919-791-2040 with any questions.