Additional instructions on the day of surgery:

- Take heart and blood pressure medications with a sip of water. Patients with diabetes should not take insulin or diabetic pills, unless directed by your surgeon. Please bring your insulin with you.
- If you have breathing problems, you may use your inhalers as needed and bring them with you.
- You may bathe, shower, and brush your teeth. (Do not swallow water while brushing your teeth.)
- Wear loose, comfortable clothing.
- Do not wear nail polish, make-up, lotion, body powder, or deodorant. You will be cleansed with an antibacterial wipe in the pre-op area.
- Leave all valuables at home including wedding bands and other jewelry. All body piercings should be removed.
- If you wear eyeglasses, contact lenses or hearing aids, please bring a case with you as these items may not be worn in surgery.
- Dentures will need to be removed prior to surgery and placed in the care of a friend or loved one during your procedure.

PATIENTS RIGHTS

- Please read the REX Surgery Center of Wakefield, LLC Notice of Privacy Practices upon arrival.
- When you register for your surgery, you will be asked if you have received the Notice of Privacy Practices and asked to sign the General Consent for Treatment. You will be able to request any restriction of sharing protected health information at that time.
- If a patient is a minor or is an adult who is unable to sign the consent forms, a parent or other authorized representative such as a legal guardian or healthcare power of attorney must be present to sign the consent and show proof of their designation. If necessary, arrangements for necessary authorization can be made prior to the day of the surgery.

TOBACCO FREE CAMPUS

We care about the health of our visitors, patients, and co-workers. That is why we eliminated all smoking areas and made our location tobacco-free inside and outside.

LOCATION/PARKING

Parking is complimentary at all locations to REX patients, visitors and guests.
Please follow the signs for patient parking when arriving on campus.

YOUR PROCEDURE

Patient Name: _____ Procedure Date: _____

Arrival Time: _____ Location: _____

Pre-Surgical Testing Date/Time: _____

NOTES: _____

_____

_____

REX SURGERY CENTER OF WAKEFIELD, LLC

PATIENT GUIDE

UNC REX HEALTHCARE

REX Surgery Center of Wakefield, LLC
11200 Governor Manly Way, Suite 110
Raleigh, NC 27614
(919) 570-7500
Fax (919) 570-7501

WELCOME TO REX SURGERY CENTER OF WAKEFIELD, LLC

Thank you for choosing REX Surgery Center of Wakefield, LLC for your healthcare needs. Please read all of the following information and follow these instructions carefully.

- For questions or concerns regarding your surgery, please contact your surgeon's office.
- The surgeon's office is responsible for telling you the time for which your surgery is scheduled or if the time for your surgery has changed.
- You may also receive notification of a change in your surgery time from the surgery center.
- It is not necessary for you to call us and confirm your scheduled surgery time.

REGISTRATION/PRE-PROCEDURE INFORMATION

Pre-registration is recommended to prevent check-in delays on your surgery date. You may call the surgery center to pre-register prior to surgery or leave a message with a best time and number for us to call you.

You may call the surgery center's pre-registration area directly anytime between the hours of 5:30 a.m. and 4:30 p.m.

REX Surgery Center of Wakefield, LLC: (919) 570-7500

PRE-SURGICAL TESTING APPOINTMENT

Patients may be scheduled for a pre-surgical testing appointment at the surgery center.

- At this appointment, you will meet with a registered nurse who will review your health history and review important information regarding your surgery.
- If your surgeon or Primary Care Provider has ordered an EKG, x-rays, or lab work, please have these tests completed before your pre-testing appointment and have the results faxed to the surgery center, (919) 570-7511.
- Please allow one to two hours for this appointment.

Check in for this appointment will be at the registration area.
Note: You may eat and drink and take your medications on this day. If for any reason you are unable to keep your appointment, please notify the surgery center.

PRE-SURGICAL CALL

If you are not scheduled for a pre-testing appointment at the REX Surgery Center of Wakefield, LLC, you may receive a phone call.

A registered nurse will call you two to five days prior to your procedure to review your health history and other important information regarding your upcoming surgery. For any questions or concerns, please call the nurse line at (919) 570-7500.

PREPARING FOR YOUR PROCEDURE CHECKLIST:

1 – 2 Weeks before your procedure:

- Discontinue the use of herbals and vitamins two weeks prior to your surgery.
- If you take aspirin, aspirin products, or blood thinners, please consult your surgeon at least one week prior to your surgery.
- If instructed by your surgeon that you will need crutches, a walker or other equipment after surgery, please bring them with you. For more information, please contact your surgeon.
- Arrange for a family member/friend/sponsor/caregiver to be present before, during, and after your procedure for 24 hours. Please keep in mind that visitors are limited to two at the bedside in pre-op and recovery.
- You must have someone to drive you home and should stay with you for 24 hours following the procedure. **Failure may result in the cancellation of your procedure.**

The day before your procedure:

- Please notify your surgeon if you are ill or feeling ill on the day before your surgery.
- Please notify your surgeon if you have experienced any health changes since your last visit.

The night before your procedure:

- No food or liquids including water, gum, candy or mints are allowed after midnight before your surgery.
- Avoid alcoholic beverages and tobacco products for 24 hours prior to your surgery.

Failure to follow these instructions may result in the cancellation of your surgery.

The day of your procedure:

- Please arrive at the registration area two (2) hours prior to your time of surgery unless otherwise directed by your surgeon. Children (12 years or younger) should arrive one and a half hours prior to their surgery. Please bring a sippy cup or bottle for after the surgery and a favorite toy or blanket. If diapers are worn, please bring extras.

Please remember to bring these items with you:

- All active insurance cards.
- One form of legal identification with photo (driver's license, military ID, passport or other form of government ID).
- Credit card, certified check or cash, as we will collect an estimated co-pay, co-insurance, deductible or self-payment at that time.
- Written orders or any other forms that were given to you by your physician or surgeon.
- A copy of any Advance Directive, Living Will or Healthcare Power of Attorney you may have. We will keep a copy for our records.