

Thank you for choosing UNC Health Rex for your care. We've compiled the following lactation resources to assist you in finding additional support, if desired. There may be additional resources that are available or that would be beneficial for you, besides those listed in this document. UNC Health Rex is not affiliated with any outpatient lactation services or clinics and does not endorse or guarantee their services.

**LACTATION CONSULTANTS**

**\*Please call your pediatrician's office first to inquire about lactation assistance**

**Local Consultants**

Beyond Birth Lactation Services                      <https://www.beyondbirthlactation.com>                      Text line: 919-413-6484

*\*Clinic has a Spanish-speaking provider*

Breastfeeding Rocks                                      <https://www.breastfeedingrocks.org>                                      561-716-3405

Jordan Smith Lactation                                      <https://www.jordansmithlactation.com>                                      919-971-3967

Rooted Nutrition & Lactation                                      <https://www.rootednl.com>                                      919-200-0744

*\*Clinic has an Arabic-speaking provider*

Ultimate Fertility Consultant                                      <https://ultimate-fertility.com/>                                      336-663-2613

**Networks – will connect you with an International Board Certified Lactation Consultant (IBCLC)**

The Lactation Network                                      <https://lactationnetwork.com>                                      888-510-0059

Wildflower Health                                      <https://wfh.wildflowerhealth.com/virtualcare>

*\*For Cigna customers*

**FREE PHONE BREASTFEEDING SUPPORT**

La Leche League of North Carolina                                      984-219-8808

National Breastfeeding Helpline                                      800-994-9662

NC WIC Breastfeeding Peer Counselor                                      919-250-4720/919-250-1213

UNC Women's Hospital Warm Line                                      984-974-8078

**TO DONATE OR PURCHASE BREASTMILK/HUMAN MILK**

**DONATION ONLY:** Wake Med Mother's Milk Bank                                      919-350-8599/donatemilk@wakemed.org

**PURCHASE:** 501 Pharmacy, Chapel Hill, NC – 501rx.com                                      984-999-0501/han@501rx.com

**Breast Pump Rental from UNC HEALTH Rex - 919-784-3224**

Lactation Station is located on the first floor on the Women's Center. The office is open between the hours of **9 am - 3 pm, Monday-Friday**. Bring valid **Driver's License** and **credit card** to receive a signed rental contract.

**Breast Pump Rental Rates**

**Medela Symphony**    2 weeks = **\$40**    1st month = **\$80**    Subsequent months = **\$70**  
**Symphony Kit** \$69.93 (includes tax)                                      **Cleaning Fee** \$25 (if extra cleaning required)